

[Referral Details](#)[Patient Details](#)[Clinical Details](#)[Investigations](#)[Referrer Details](#)**Referral To**

Refer To	<input type="text" value="Taranaki DHB
Main Referral Centre
Orthopaedic - Taranaki Orthopaedic Triage Service (TOTS)"/>
Urgency	<input type="text" value="Please Select"/>
Re:	<input type="text"/>

Orthopaedic - Taranaki Orthopaedic Triage Service (TOTS)**News**

Update Feb 2022: Please note recent changes in 'Major Joint referral'

Service Detail

Taranaki Orthopaedic Triage Service (TOTS).

- Physiotherapy-led Orthopaedic triage service.
- Patients referred to TOTS will be triaged and assessed by an advanced physiotherapist for non-urgent musculoskeletal conditions.
- Patients should be seen within 4 weeks of referral being received.
- An advanced physiotherapist will identify the most appropriate management pathway.
- Pathways include pain management plans through rehabilitation as well as onward referral for surgical opinion if required.

TOTS is part of the TDHB Orthopaedic service. Please do not send duplicated referrals to Orthopaedics.

Eligibility Criteria

- Patients over the age of 16 with hip or knee musculoskeletal / orthopaedic conditions.
- Recent radiological imaging (within last 6 months) of the joint in question.
- Up to date diagnostic investigations completed, where appropriate.

Exclusion Criteria

- Any joint that is NOT hip or knee.
- ACC.
- Patients under 16 years of age.
- Revision joint replacement.
- High suspicion of cancer.
- Physiotherapy intervention only: refer direct to TDHB Physiotherapy.

Resources and Links

For further information please contact TOTS clinical lead – Ben Langford 06 753 7742 or email: TOTs@tdhb.org.nz